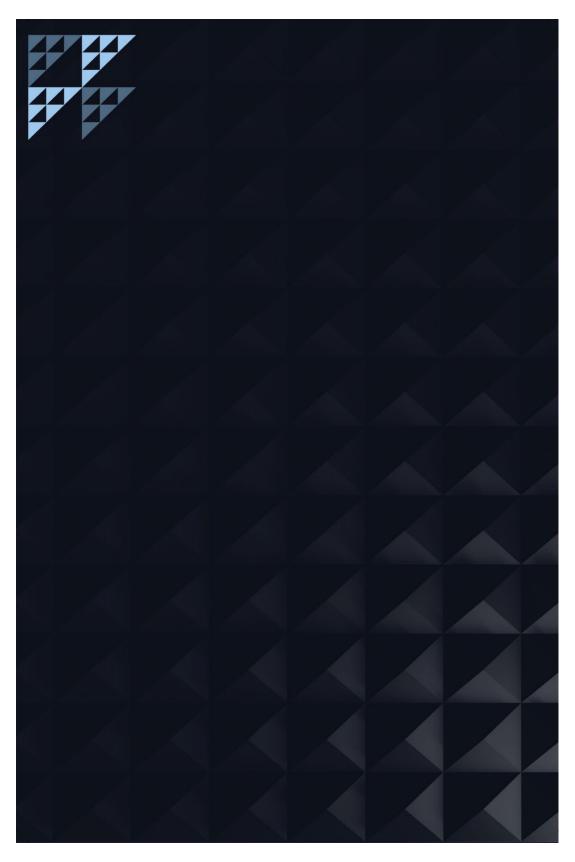
**U.S. Department of Justice** Federal Bureau of Investigation National Academy Unit



# FBI ACADEMY

## THE FBI NATIONAL ACADEMY









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### OUR HISTORY

"The most effective weapon against crime is cooperation." -J. Edgar Hoover

The FBI National Academy (FBINA) was created in 1935 in response to a 1930 study by the Wickersham Commission. The Commission recommended the standardization and professionalization of law enforcement departments across the United States through centralized training. With the support of the International Association of Chiefs of Police and with authority from Congress and the Department of Justice, the "FBI Police Training School" was created. Courses at that time included Scientific Aids in Crime Detection, Preparation of Reports, Criminal Investigation Techniques, and Administration and Organization. During World War II, courses were added in Espionage and Sabotage.

The NA is a comprehensive 10-week residential program of accredited instruction for law enforcement leaders from all over the world. The FBI National Academy has long been a vital element in the continuing improvement of law enforcement standards, knowledge, and cooperation throughout the world.



## MISSION & OBJECTIVES

#### Mission

The mission of the FBI National Academy is to support, promote, and enhance the personal and professional development of law enforcement leaders.

#### Objectives

Develop purpose-driven law enforcement leaders who address emerging trends through innovative and data driven policing in cooperation with their communities.

Prepare law enforcement partners for positions of greater responsibilities within their organizations.

#### Three Core Components

Academics

Physical Fitness & Wellness Networking & Knowledge Sharing

#### ACADEMICS

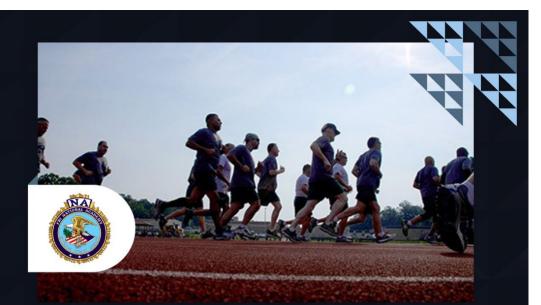
The FBI National Academy holds a longstanding and valued partnership with the University of Virginia. The FBINA is a professional course of study for U.S. and international law enforcement managers nominated by their agency heads because of demonstrated leadership qualities. The 10-week program serves to improve the administration of justice in police departments and agencies at home and abroad and to raise law enforcement standards, knowledge, and cooperation worldwide.



Through an affiliation with the University of Virginia, National Academy students earn college credit for the academic portion of the curriculum. Each student who completes 18 semester hours of academic work with an average of "C" or better is awarded a certificate in criminal justice education by the university. A wide range of vocational subjects further complements a program designed to serve the needs of the National Academy's diverse student body. Each of these 6 courses is 3 credits, including the physical fitness course. Students are required to take a total of 6 courses that include:

- Mandatory physical fitness course
- Mandatory leadership course
- 4 elective courses of their choosing

Upon successful completion of the NA, students receive 18 continuing education credits from the University of Virginia to put toward a master's or bachelor's degree.



#### PHYSICAL FITNESS & WELLNESS

The physical fitness course is composed of 3 to 4 fitness classes a week and a weekly fitness challenge with the whole class body. Students must arrive with a minimum fitness level as a baseline. This is measured by a required timed mile-run test conducted on the first week. Males must run the timed mile under 10 minutes and females must run it under 11 minutes and 30 seconds. This test is meant to minimize injuries and to confirm the students' ability to endure the fitness classes that get harder each week. The weekly progression of these classes culminates in a 6-mile obstacle course run called the Yellow Brick Road (YBR), typically occurring in the last week.

To qualify for this run, another mile-run test occurs at the end of the session. Passing this last run in the required time is compulsory to run the YBR and obtain the yellow brick. The FBINA emphasizes the importance of mental and emotional wellness.





#### EXAMPLE FITNESS CHALLENGE

#### "Push-Feet"

- "Push-fest" in the gym (30 seconds each of band-resisted push-ups, push-ups, band two-arm punches, band alternating punches, and top-of-the-pushup planks all in a row).
- 2. "Tempo" run for  $\sim$ 1.5 miles, finishing back at the track; tempo = get out of breath.
- 3. "Row-a-palooza" at the Field House concrete pad (dumbbell or kettlebell single-arm bent over rows, perform a 3-4-5-6-7 rep ladder with a weight you would struggle to do 10 reps with...empty the tank on the right and left with a heavy bell).
- 4. Four strides on the track (stride or "float" the length of the straightaway on the track and walk the turns for 2 laps...these are NOT sprints, just stretching the legs).





#### NETWORKING & ENRICHMENT

In addition to courses of study, students also engage in a variety of networking activities as well as social and educational events that complement the curriculum. They will have the opportunity to exchange ideas and learn from other students. These events are sponsored and led by three different groups: the National Academy Unit, the FBI National Academy Associates, and the students.



The National Academy Unit sponsors many of the enrichment events students attend such as guest speakers, International Night, Flag Night, and more.

The FBI National Academy Associates is an organization independent of the FBI. They sponsor many of the dinners and networking events students attend such as Pasta Night, Steak Night, New Member Expo, and Professional Development Day.

The students have a long-standing tradition of hosting some amazing events every session to include a Law Enforcement Memorial Ceremony, Silent Auction, Texas Night, and Louisiana Night.



#### INTERNATIONAL PARTNERSHIP PROGRAM & INTERNATIONAL NIGHT

The International Partnership Program (IPP) provides students an opportunity to network on a one-on-one basis with our international partners. Domestic students who sign up to be an IPP member will be paired with an international student. This partnership minimizes the international student's anxiety upon arrival as they will have a friend waiting for them. They will dorm together as well as guide, support, and provide direction to one another. Both students will encourage mutual understanding, foster friendships, and create networking opportunities. This program has additional networking activities and provides the opportunity for international students who volunteer to present about policing in their country.



International Night is one of the highlights of each session. With the help of their IPP partner, the session's international students showcase and share cultural information about their country by providing samples of traditional food and/or beverages.





#### ADMISSION ELIGIBILITY

Individuals interested in attending the National Academy should contact their local FBI Field Office training coordinator. Interested individuals must meet the minimum requirements below to be considered.

- 1. Be of good moral character and reputation and have a record of outstanding service in the law enforcement profession.
- 2. Be nominated by the head of their agency.
- 3. Be at least 25 years of age.
- 4. Be a regularly appointed, full-time law enforcement officer (LEO) of a duly constituted law enforcement agency of a municipality, county, territory, tribal, or state government and have at least 5 years of full-time law enforcement experience without significant interruption.
- 5. Hold the rank of lieutenant or higher.
- Be medically cleared for strenuous physical exertion and regular participation in physical training. Candidates must demonstrate the ability to complete a 1-mile run within the established time limits for males (less than 10 minutes) and females (less than 11:30 minutes).
- 7. Must possess a college degree or at least 60 college credit hours.
- 8. May not be enrolled in any additional full-time academic program while attending the NA.
- 9. Continue to receive salaries while attending the NA.
- Affirm, as a condition of attending the NA, that the exclusive rights and remedies for any injury suffered while attending the FBI National Academy must be solely liable under their department's worker's compensation insurance program.
- 11. Affirm that they will remain in law enforcement for a minimum of 3 years following graduation from the NA.
- 12. Be able to speak, read, write, and comprehend the English language in an academic environment at the collegiate level.



#### **ASSOCIATED FEES**

#### Mandatory Fees

The FBI will cover airfare to/from the FBI Academy, as well as lodging/meals while at the Academy. All other expenses incurred while attending the National Academy are at the expense of each student, which includes the NA uniform. Uniform costs depend on the number of items purchased. Average cost runs \$200+.

#### **Optional Fees**

Optional expenses include the student-led trips to Philadelphia and New York. These trips range from \$600-\$900 per student. There may also be other additional student-led ticketed events during the session.

#### FBINAA Membership Fees

Students and graduates of the NA program are eligible to join the FBI National Academy Associates, Inc., a 501(c) (3) nonprofit membership association. Members are fellow NA graduates who represent the top 1% of all senior-level law enforcement. Members have access to the strongest law enforcement leadership network in the world through the online NAA Network, plus opportunities to attend chapter and national training events.

A voluntary fee of \$325 covers both NA student activities and NAA membership dues. This fee is paid to the NAA, NOT the FBI National Academy. The NAA supports several social events during the session. Certain services only will be provided to those paying the membership fee including:

- personal publicity and group
- photographs
- session yearbook
- challenge shirt
- session patch, pin, and coin



#### GRADUATION

Upon successful completion of all courses, students will attend the National Academy graduation where the FBI Director will present them with a diploma. Friends and family join us for this momentous occasion.

## INTERESTED IN ATTENDING?

If you are eligible and interested in attending the National Academy, reach out to your local FBI Field Office to get started with the application process.



